



Hampton Roads
Prostate Health Forum



2025 ANNUAL REPORT

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Our Values

Integrity

Inclusion

Collaboration

Excellence

Respect

Holistic Approach

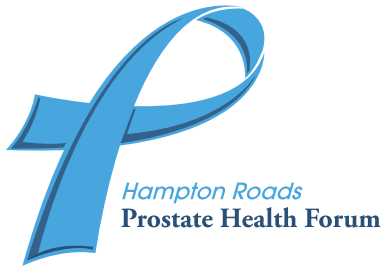
*Service to the
Community*

Scientific

Independence

About the Forum

The Men, The Mission, The Moment



For nearly two decades, the Hampton Roads Prostate Health Forum (the Forum) has served as a trusted community voice dedicated to reducing suffering and saving lives through prostate cancer awareness, education, and early detection. Founded to address the urgent need for culturally responsive health information and access to screening, the Forum works at the intersection of community engagement, public health, and advocacy. Through partnerships with healthcare providers, faith communities, civic organizations, and local leaders, the Forum helps ensure that men and their families have the knowledge and resources they need to make informed decisions about prostate health.

The Forum's work is especially focused on addressing the stark disparities that exist in prostate cancer outcomes. In the United States—and particularly in the Hampton Roads region—Black men are diagnosed with prostate cancer more frequently and are significantly more likely to die from the disease than their white counterparts. Recognizing that these outcomes are shaped by a combination of access barriers, information gaps, and systemic inequities, the Forum has committed itself to reaching communities where the need is greatest. Through education initiatives, screening partnerships, and community-based outreach, the organization helps bring lifesaving information and services directly to the people who need them most. Our workshops are open to all individuals in the community and their family members regardless of health insurance or economic status.

Today, the Hampton Roads Prostate Health Forum continues to expand its reach and impact across the region. By fostering collaboration among healthcare institutions, researchers, community organizations, and advocates, the Forum is building a stronger network dedicated to improving prostate health outcomes. As this report reflects, the organization remains committed to empowering men and their families with knowledge, promoting early detection, and advancing a future where prostate cancer disparities are reduced and more lives are saved.

Yours in Health,
Reggie Holmes
Executive Director
Hampton Roads Prostate Health Forum

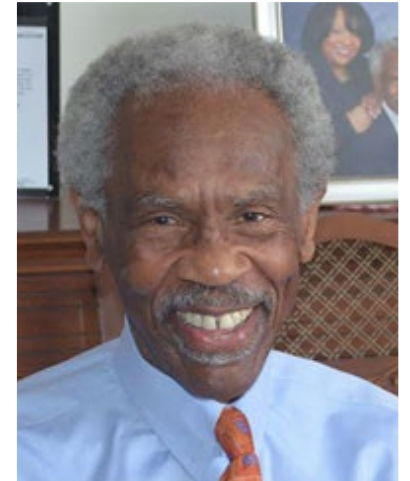
Message from the Co-Founder & Board President Emeritus

Dr. Charlie W. Hill

I grew up in Newport News with my both parents and two older sisters. One thing my hardworking parents taught me was to know when to stop. Throughout my youth and into early adulthood, I had a number of people remind me to do the best I could and know when to stop.

I'm still not stopping, but I am slowing down. I concluded in early 2024 I should plan to step down as President but remain active in the organization. I talked with Dr. Fleming about stepping into the Board President role and he agreed to it. After the unexpected death of my wife Golden in 2024, it became increasingly clear that we needed to make the leadership change.

I am excited for all we have achieved, the hundreds of men we've provided awareness, education or screening for over the last 20 years and how we have done it in a sustainable way. With the added free time, I believe even more progress can be made if families start learning and sharing the facts earlier than what typically happens with Prostate Cancer Awareness and Education. I believe the earlier education and awareness, allows for more and better-informed children and adults.



Message from the Co-Founder & Board President

Dr. Mark Fleming



I am honored to serve as President of the Hampton Roads Prostate Health Forum (The Forum). Twenty years ago, Charlie Hill, the co-founder and Immediate Past President of this organization, approached me about starting an organization committed to reducing the number of men who suffer and die from Prostate Cancer in Hampton Roads. Our community is disproportionately impacted by the incidence, morbidity, and mortality of prostate cancer.

In the almost twenty years we have been in existence, we have helped hundreds of men learn about prostate cancer and how to navigate this disease. We plan to continue and expand upon Mr Hill's visionary legacy as we enter our next chapter for the Forum and I am very excited to help lead the work into 2026 and beyond.

Message from the Executive Director

Mr. Reggie Holmes

I am excited to step into this leadership role as Interim Executive Director for the Hampton Roads Prostate Health Forum. For those that don't know, I have worked with the Forum as its branding, marketing, and communications partner for the better part of the last decade. I have been connected to the organization for nearly 20 years, however. I developed the first website for the organization and created our branding that is in place today. Over that time, I have gained a lot of knowledge about prostate cancer, first as a curious citizen, and later as a committed advocate.

Over the last year or so, my interest in prostate cancer has grown, for a number of reasons, both professional and personal. I received my first prostate-specific antigen (PSA) and digital rectal exam (DRE) in 2024, at the age of 41, in keeping with the long-held recommendations of Charlie Hill and this organization. I knew that as Black man, I was in the high-risk category, however, In 2025 that became even more real to me, as my father was diagnosed with prostate cancer. He is beginning his treatment and recovery journey, but this newly-discovered family history awakened me even more to the importance of this organization and the work that it does. As Charlie floated my name as a potential interim leader as he stepped down, I began to lean forward as all these things were happening around me and realized that expanding my work with the Forum could be a win for everyone.

I am thrilled to have the opportunity to helm the Forum in this season. I am eager to meet our stakeholders and supporters, and engage in dialogue with community leaders, survivors, families, everyone who has any interest in the powerful work we do in Hampton Roads and beyond.

Thank you to our many sponsors and supporters. It is because of your continued generosity and support that we remain a major factor in the health and knowledge of this community.



2025 Highlights

Winter 2025 Board Retreat & Strategy Session

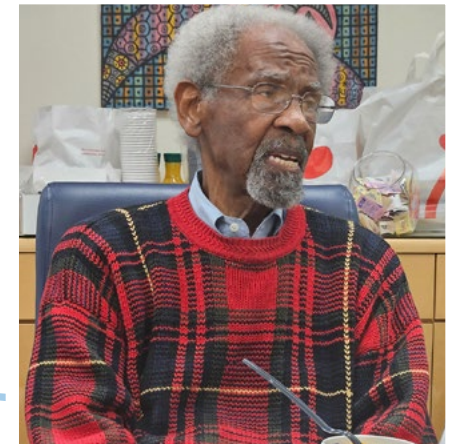
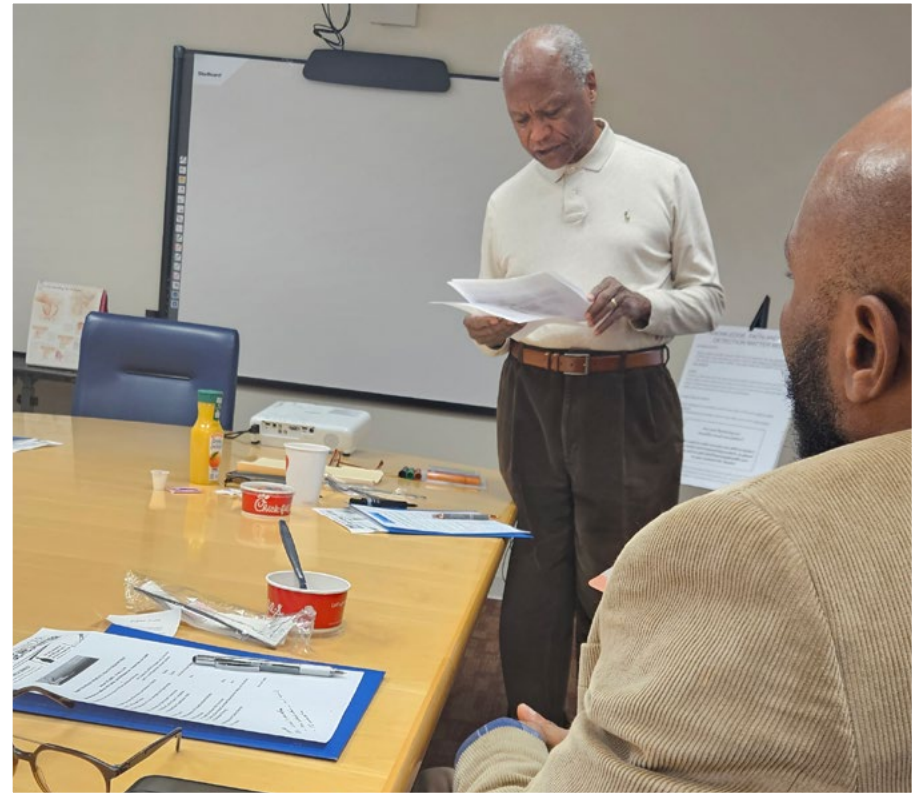
Hampton Roads Prostate Health Forum leadership got their year started off in January 2025 with an engaging in-person board retreat and strategy session. This meeting took place over four spirited hours at the Downing-Gross Cultural Arts Center in Newport News.

This meeting represented a special way to begin the year and the attention to detail and planning was appreciated by everyone. A hybrid option was offered for those that could not attend in person.

After beginning with an overview of the organization's history and mission, as well as its purpose for today, the session continued with an analysis of the organization's strengths and opportunities

Dr. Alvin Schnexnider led a special working session on board development and governance.

This session provided a strong sense of alignment and momentum for the board as we headed into a year of growth and change.



2025 Highlights




**PROSTATE CANCER
EARLY DETECTION EVENT**

Free & In-Person Awareness & Education

*Men & Women are welcome
Lite breakfast served, Engaging speakers
No PSAs or DREs will be performed*

**Saturday, February 22, 2025
9:00 AM - 10:30 AM
Carver Memorial Presbyterian Church
830 25th St, Newport News, VA 23607**

For more info, contact Charlie Hill at 757-827-0488 or info@hrprostatehealth.com.




FEBRUARY 2025

In February 2025, Hampton Roads Prostate Health Forum led a prostate cancer workshop hosted by Carver Memorial Presbyterian Church in downtown Newport News. This event was focused on awareness and education and no PSAs or DREs were performed.



CARVER MEMORIAL
PRESBYTERIAN CHURCH




**PROSTATE CANCER
EARLY DETECTION EVENT**

Free & In-Person Awareness & Education

*Men & Women are welcome
Lite breakfast served, Engaging speakers
PSAs and DREs will be performed courtesy of Riverside*

**Saturday, June 21, 2025
9:00 AM - 12:00 PM
First Baptist Church Denbigh
3628 Campbell Rd, Newport News, VA 23602**

For more info, contact Charlie Hill at 757-827-0488 or info@hrprostatehealth.com.



IN HONOR OF MEN'S HEALTH MONTH

JUNE 2025

In June 2025, Hampton Roads Prostate Health Forum led a prostate cancer workshop event at First Baptist Church Denbigh in Newport News. This event featured PSAs and DREs performed by our partners at Riverside.



2025 Highlights



SEPTEMBER 2025

In September 2025, Hampton Roads Prostate Health Forum again participated in the 4th Annual Men's Health Fair hosted by Hampton University Proton Therapy Institute (HUPTI). This well-attended and regionally-recognized event provided awareness, education and early detection screenings and exams for well over 200 men.



OCTOBER 2025

In June 2025, Hampton Roads Prostate Health Forum led a prostate cancer workshop event at First Baptist Church Denbigh in Newport News. This event featured PSAs and DREs performed by our partners at Riverside.

2025 Highlights

Fall In-Person Board Meeting

Our Final 2025 Board Meeting took place in-person in November and was graciously hosted by our friends at Carver Memorial Presbyterian Church.

Many of our board members were able to join in person for this time of celebration and reflection on our collective work over the year as well as beginning to cast a vision for the year ahead.

This meeting provided an opportunity to say goodbye to some members of the board who were ending their service.

One of the highlights of this meeting was the opportunity to hear from Dr. Mark Fleming, who would take over as president of the Hampton Roads Prostate Health Forum at the end of the year. One aspect of Mark's vision that he expressed was a desire to increase our capacity.



Regional Impact



Other Highlights



HU Ministers Conference

For the First time, Hampton Roads Prostate Health Forum members were able to speak at the annual Minister’s Conference at Hampton University.

Forum members also took part in a number of other events as speakers and invited guests, such as the Black Family Wellness Expo, which took place in Newport News in March 2025.

National Impact

Cancer Health™

Charlie Hill was featured in an article in Cancer Health Magazine in September 2025.

<https://www.cancerhealth.com/article/get-men-screened-prostate-cancer-charlie-hill-hampton-roads-virginia>



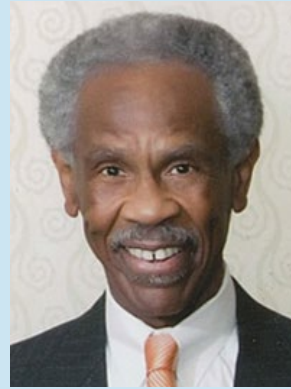
Leadership



Mr. Reggie Holmes
Interim Executive Director



Mark Fleming, M.D.
Board President



Charlie W. Hill, HonD.
President Emeritus



Mr. Corey Olds
Treasurer



Pat Hentosh, PhD.
Secretary

EXECUTIVE COMMITTEE



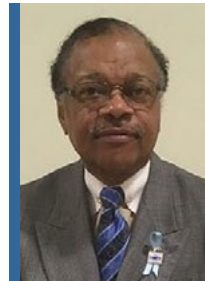
Dr. Ifeanyi Ani
Medical Director



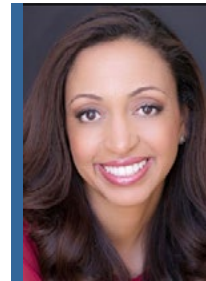
Iris Lundy



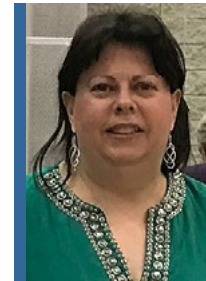
Dr. Alvin
Schexnider



Lawrence Davis



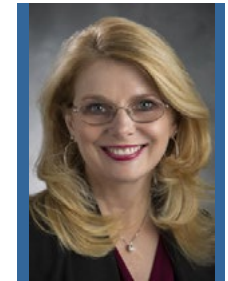
Dr. Francine
Pearce



Connie Bush



Dr. Paul
Schellhammer



Mary Cleckler

What's Next for the Forum

The Forum is excited to continue its growth and upward trajectory now in its 19th year of impact in the Hampton Roads Community. In addition to continuing to organize and lead a couple of our own Early Detection Events, we expect to participate in many other community events that we are invited to attend.

Some of the initiatives and goals the Forum is focused on include:

- **Identifying and Connecting with Partners:** This includes a number of past and new community partners, including those from the business sector.
- **Increased Capacity for Continuing our Awareness, Education, and Early Detection events.** This means obtaining additional sponsorships and medical personnel, as well as recruiting and training additional people who can present the material we provide at these events.
- **Flexible Models for Content Delivery:** We will lean into hybrid and virtual methods to deliver our awareness and educational content to our audience.
- **Sustainable Growth and Fundraising:** The Forum will be active in pursuing a number of grants, sponsorships, and funding opportunities.



Acknowledgements

The Hampton Roads Prostate Health Forum would like to thank our many partners who help make our work across the Hampton Roads region effective and impactful. Without your support, we could not continue to deliver the awareness, education, and early detection that we have become well known for over the past two decades.

Medical Partners

Riverside Health
Sentara Healthcare
Hampton University Proton Therapy Institute

Knowledge Partners

American Cancer Society
Prostate Cancer Foundation
ZERO Prostate Cancer

Community Partners

100 Black Men of America
100 Black Men of the Greater Peninsula

Media Partners

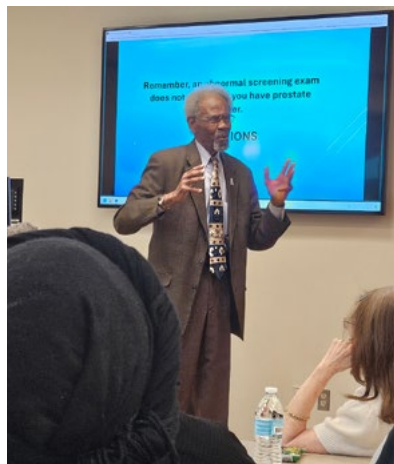
WTJZ 92.5
WTKR Channel 3

Thank you to our accountant and advisor who provided clear fiscal and fiduciary oversight of our affairs to ensure compliance and responsibility for handling.

Thank you to our past board members who have ended their service terms as of the end of 2025. We are grateful for your dedicated years of service to this organization.

Mr. Kevin Gates
Mr. Everett Browning

Photo Gallery



Support Our Work



Starting in 2026, Hampton Roads Prostate Health Forum will unveil its 20 for 20 campaign, which will kick off a year of giving that coincides with the 20th anniversary of the formation and launch of the Forum. Participants in this campaign will be asked to pledge to give for a year at a certain amount monthly for one calendar year.

This campaign will create a reliable foundation of sustained support, empowering the Forum to plan boldly, invest strategically, and drive lasting impact in advancing prostate health equity across the Hampton Roads region.



Donate

In 2026, we will be bringing on a new donation platform that offers many new and flexible options for people to support our work in the community. We welcome gifts of any kind.



Sponsor

If you lead an organization that has interest in sponsoring a resource table at one of our upcoming in-person events or being a presenting sponsor for one of our virtual events, please reach out to us.



Volunteer

If you are a person in the Hampton Roads area and would like to volunteer at one of our upcoming awareness, education and early detection events, please reach out to us.

**Reach out about any of the above opportunities to
director@hrprostatehealth.org**



hrprostatehealth.org

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